Holi Celebrations, Jharkhand and its Significance

Dr. Rabindranath Sarma

Associate Professor Department of Anthropology and Tribal Studies Central University of Jharkhand Cheri-Manatu, Ranchi-835222

Holi is a well-known ancient Hindu event also known as the Festival of Spring, the Festival of Love, or the Festival of Colors. The celebration honours Lord Krishna and Radha's eternal and pure love. It also recalls Lord Vishnu's victory over Hiranyakashipu as Narsasimha Narayan, representing the triumph of good over evil. It originated and is mostly seen in India. It has also spread to other parts of Asia and the world via the South Asian diasporas. Holi celebrates the arrival of spring, the end of winter, and the blossoming of love, and is a day for many people to meet others, play and laugh, forget and forgive, and mend broken relationships. The ritual also serves as a prayer for a prosperous spring season, which is primarily harvest season in many parts of India. It begins on the evening of the Poornima in the Hindu calendar month of Phalguna, which corresponds to the middle of March in the Gregorian calendar.

Holika Dahan (Devil Holika burning) or Chhoti Holi is celebrated on the first evening, while Holi, Rangwali Holi, Poornnima, Dhuleti, Dhulandi, Ukuli, Manjal Kuli, Yaosang, Shigmoor Phagwah, Jajiri is celebrated on the second. The event includes countries with South Asian diasporas in addition to India and Nepal. The event has spread to regions of Europe and the United States as a spring celebration of love, frolic, and colour.

.Holi festivities begin the night before Holi with a Holika Dahan, in which people assemble to perform religious rituals in front of a bonfire and hope that their internal evil be destroyed in the same way that Holika, the demon king Hiranyakashipu's sister, was killed in the fire. The next morning, Rangwali Holi (Dhuleti) is celebrated as a free-for-all colour festival in which people smear and bathe each other. Water cannons and water-filled balloons are also used for colouring and amusement. Everyone, friend or stranger, rich or poor, man or woman, children and the old, is fair game. Color frolics and battles occur in open streets, in parks, and outside temples and buildings. Groups of people walk from one location to another, bringing drums and other musical instruments and singing and dancing. They meet to spatter coloured powder over each other, laugh and gossip, and then share Holi specialties, food, and drinks. In the evening, they dress up and go out to see friends and relatives.

The Holi celebration is culturally significant among the diverse Hindu religions of the Indian subcontinent. It is a joyous day for putting an end to and ridding oneself of previous mistakes, putting an end to troubles by meeting with others, and forgetting and forgiving. People pay or forgive debts and restart their relationships with others. Holi also marks the start of spring, a time for people to enjoy the changing seasons and make new friends.

In honour of the Hindu Lord Krishna and Radha's divine love for each other, the celebration is held until Rang Panchmi in the Braj region of India.

Holi, a festival of love, officially welcomes in the season of spring. The festivities are centred on a symbolic legend. Krishna used to wonder if Radha, who had fair complexion, would accept him because of his dark skin colour. His mother, tired of his desperation, tells him to approach Radha and ask her to colour his face any colour he wants. Radha accomplished this, and Radha and Krishna married. Since the joyous colouring of Radha and Krishna's faces, Holi has been celebrated. Outside of India, these traditions help to explain the significance of Holi (Phagwah) among various Caribbean and South American communities of Indian heritage, such as Guyana and Trinidad & Tobago. It is also frequently commemorated in Mauritius.

Holi is celebrated as a celebration of good triumphing over evil in honour of the Hindu god Vishnu and his disciple Prahlada, according to a symbolic legend. According to a legend found in Chapter 7 of the Bhagavata Purana, Prahlada's father, King Hiranyakashipu, was the king of demonic Asuras and had earned a boon that gave him five special powers: he could not be killed by a human or an animal, indoors or outdoors, day or night, by astra (projectile weapons) or any shastra (handheld weapons), and on land, water, or air. Hiranyakashipu grew conceited, believing himself to be God and demanding that everyone worship only him. Hiranyakashipu's own son, Prahlada, opposed. He was and continues to be devoted to Vishnu. This infuriated Hiranyakashipu. He subjected Prahlada to brutal punishments that had no effect on the youngster or his will to achieve what he thought was right. Ultimately, Holika, Prahlada's malevolent aunt, duped him into joining her on a pyre. Holika was wearing a cloak that protected her from fire damage, whereas Prahlada was not. While the flames blazed, Holika's blanket flew away, encasing Prahlada, who escaped while Holika burned. According to Hindu mythology, Vishnu, the god who appears as an avatar to restore Dharma, took the form of Narasimha - half human and half lion (which is neither a human nor an animal) at dusk (when it was neither day nor night), took Hiranyakashyapu at a doorstep (which was neither indoors nor outdoors), placed him on his lap (which was neither land, water, or air), and then eviscerated and killed the king (which were neither a handheld weapon nor a launched weapon).

The Holika bonfire and Holi celebration commemorate Prahlada's victory against Hiranyakashipu, as well as the fire that consumed Holika.

The historical significance of Holi is linked to Shiva and yoga and profound meditation in other Hindu traditions such as Shaivism and Shaktism, with goddess Parvati requesting help from the Hindu god of love known as Kamadeva on Vasant Panchami. The love god shoots arrows at Shiva, while the yogi opens his third eye and burns Kama to ashes. This annoys both Kama's wife Rati (Kamadevi) and his own wife Parvati. Rati practises austerity for forty days, after which Shiva understands, forgives out of compassion, and restores the god of love. Holi is celebrated on the 40th day following the Vasant Panchami festival to commemorate the deity of love's return. The Kama mythology and its association with Holi can be found in several forms, most notably in South India.

The festival has numerous purposes, the most important of which is to signal the beginning of Spring. In 17th century literature, it was portrayed as a celebration that exalted agriculture, remembering abundant spring crops and lush land. Hindus believe it is a time to enjoy the beautiful colours of spring and wave farewell to winter. Many Hindus regard Holi as a chance to re-establish and restore damaged connections, resolve issues, and purify oneself of emotional toxins from the past.

Northern Indian children and youth spray coloured powder mixtures (gulal) at each other, laughing and rejoicing, while adults rub dry coloured powder (abir) on each other's faces. Colors are thrown at guests before they are served Holi dishes (such as puranpoli, dahi-bada, and gujia), desserts, and drinks. After playing with colours and cleaning up, they bathe, put on clean clothes, and visit friends and relatives.

Holika Dahan

Days before the ceremony, people began gathering wood and combustible objects for the bonfire in parks, community centres, near temples, and other open locations. An effigy of Holika, who deceived Prahalad into jumping into the fire, sits atop the pyre. Inside their homes, they stock up on clothes, food, party drinks, and festive seasonal specialties. Traditionally, washable natural plant-derived colours like turmeric, neem, dhak, and kumkum were used, but water-based commercial pigments are becoming more popular. All of the colours have been used. In open areas such as streets and parks, everyone is game, but only dry powder is used to smear each other's faces inside homes or at thresholds. They fling colours at their targets, completely colouring them. It's comparable to a water fight, but the water is coloured. Spraying different colours of water on each other is a common activity. By late morning, everyone looks like a brightly coloured painting. Holi was given the nickname "Festival of Colors" for this reason.

After a day of colour play, they clean up, wash, and bathe, sober up and dress up in the evening, and greet friends and relatives by visiting them and exchanging sweets. Holi is also a festival of forgiveness and fresh starts, with the ritualistic purpose of cultivating communal harmony.

How Jharkhand is having a celebration.

Holi is called as Phaguwa in the local language. Holika mythology is very prevalent in this area. On the eve of Phalgun Poornima, people light bonfires. They burned dried cow dung cakes, Araad or Redi tree and Holika tree wood, fresh harvest grains, and unwanted wood leaves. During Holika, people congregate near the pyre. The lighting is started by the group's elder member or a purohit. As a greeting, he spreads colour on people. The party continues the next day with colour and frolics. To mark the event, people traditionally clean their homes.

Throughout the state, family members and well-wishers visit each other's homes and, if the elderly, paint their faces and feet with different colours. This is normally done on the evening of Holi, and the day after Holi, with wet colours, is played in the morning and afternoon. Due to widespread internal migration concerns, this practise has lately begun to evolve, and Holi Milan is now typically held on a completely other day, either before or after the actual day of Holi.

People from all around the state contribute to the festival's attraction by engaging in a range of festival-related events. All the fun and games of Holi may be seen in Jharkhand. The sumptuous carnival is celebrated by immersing the streets and people in a beautiful sensation of joy. Regardless of caste, creed, or religion, people from all regions and corners of the state come in a festive atmosphere to complete the celebration.

Different ways of celebration in Jharkhand

• Senha block, Lohardaga's Barhi village, Jharkhand. Holi is celebrated here by hurling. The custom of playing Holi extends back many decades. Hundreds of people gather to watch this one-of-a-kind Holi. Dhela Maar Holi is held on Holi day in Barhi village, where Holi is performed by showering stones rather than colours. Residents of this region

have celebrated Holi in a unique way for decades by following to this tradition. For years, locals in this area have celebrated the Holi holiday by racing to the pillar buried in Devi Mandap. Holika Dahan is historically held near the Devi Mandap in Senha block's Barhi, where a wooden pole is buried. People compete during Holi to be the first to touch this wooden peg. They are all racing to be the first to touch the pole. Meanwhile, some gathered while bystanders hurled stones at those escaping. Humans are supposed to be unaffected by these stones. Despite being stoned, the individual who touches the pillar without fear gains happiness, peace, and fortune. This show is only for village inhabitants, although anyone from outside can come and watch it. Folks are delighted to compete and carry on this legacy. On the festival of Holika Dahan, pahan-pujars worship.

- The smoke coming from Holika Dahan foretells of impending rain. Rainfall in the upcoming rainy season is expected to be more or less depending on the smoke from Holika Dahan. The greater the amount of smoke, the better the rain; the lesser the amount of smoke, the less rain is forecast. Several people are likewise eager to keep the tradition alive (Sinha). The smoke coming from Holika Dahan foretells of impending rain. Rainfall in the upcoming rainy season is expected to be more or less depending on the smoke from Holika Dahan. The greater the amount of smoke, the better the rain; the lesser the amount of smoke, the less rain is forecast. Several people are likewise eager to keep the tradition alive. According to the local elders, no one has ever been injured as a result of stone pelting. Hundreds of people attend Dhela Mar Holi. People come not only from Lohardaga, but also from Ranchi, Gumla, and Simdega to witness this. Holi and Dhela Mar Holi are celebrated simultaneously.
- Holi is the most exciting festival, held to celebrate the arrival of spring. Yet, Jharkhand tribes like the Birhor, Asur, Birjia, Agaria, Korwa, and others who live in inhospitable highland terrains have their own way of welcoming spring. They celebrate Holi in the colour of blood to keep their ancient tradition alive. These tribes, who dwell in Topchanci in Dhanbad, Bokaro, and the Netarhat area, set out with their bows and arrows a day before Holi to slaughter animals, as is customary. "During hunting sessions, their main targets are monkeys, apes, rabbits, squirrels, wild hens, pigeons, peacocks, and pigs. The planning for this day begins around 15 days in advance. All of the men and women go hunting in the morning and return in the afternoon. They roast the hunted animal when they return.
- Because to concerns about natural calamities, Holi has not been played in Durgapur village, Bokaro district, for more than 155 years. Durgapur is located on the Khanjo River's bank, between the mountainous areas of the Kashmar block, around 45 kilometres from Bokaro's district headquarters (A. Sinha). There is no colour for the over 7,000 Durgapur hamlet inhabitants who have not played Holi in the preceding 154 years. Yet, there is no scientific basis for the locals' fear that celebrating Holi will bring them bad luck, including natural calamities and death in the hamlet. Around 52 years ago, a party of tourists arrived in the hamlet to celebrate Holi, and the next day, all of them were dead in their huts, and a natural disaster afterwards decimated the settlement. Following this incident, the villagers began to believe that participating in Holi would result in trouble. Under the reign of "King Durga Prasad Singh," the king of "Manbhum," Holi is not

observed in the village. The last Holi was celebrated 159 years ago, under the reign of King Durga Prasad Singh. During the Holi celebrations, the people was hungry and cattle perished. The farm had no crop for three years in a row. (A. Sinha)

Due of poverty and barren land, they were unable to celebrate Holi. Since then, no one has celebrated Holi. Three traders died while celebrating Holi in the area 52 years ago, confirming the people's faith. Durgapur was controlled by King Durga Prasad over 175 years ago, and he loved to celebrate Holi in big style. One year, he lost his child on the day of the festival, and every time the villagers celebrated, it was followed by starvation or an outbreak of cholera or plague, which killed several people. As a result, the king forbade Holi on the outside of his village. This is still happening.

- According to legend, the tribal culture relied solely on hunting throughout the tribal period. During a hunt, a large snake named Sansudi was discovered on the road, creating its meal by tugging the animals with its breath. To avoid future suffering, everyone agreed to destroy the colossal snake. At the same time, a woman proposed that they light a fire, place it on their forehead, and walk that way. The snake will drag the road towards itself with its breath as it passes through it, and the flames and ashes will severely harm it. Following that, everyone will murder him. That is exactly what was done the serpent drew the woman towards him as she began shrieking in such manner with the flames on her forehead. As a result of the fire and ashes, the snake became blind and injured. Following this, he was murdered. The snake once resided on the Semal tree. The tribals fastened dry wells to that tree and lit it on fire, so that any other snake would perish as well. That is why, on the day of Phagoon, tribals have a ritual of tying a well to a Semal branch and burning it. (KUMAR).
- Santhal Adivasi celebrated the Baha (Santhali holi) festival in Jharkhand. The colourful 'Baha' festival was held amid traditional gaiety in Jharkhand's Durgapur district, with the local priest giving Sal and Mahua flowers to both men and women and tribals dancing to drum beats. The first day of the three-day event was devoted to cleansing. Tribals gather on this day in their village's 'Jatherthan' (holy grove) to construct a home for the deity. The priest will later give prayers. On the second day, the tribals reconvene at the 'Jatherthan,' singing and dancing, and the priest, after offering prayers, performs various ceremonies in honour of the deity and their ancestors. The priest then walks into Hamlet, where women wash his feet and give him flowers, as is usual. The tribals place a high value on sal blooms. "The Sal and Mahua flowers with which the priest says the prayers and performs the rites, are distributed and they all wear them. Men tuck these behind their ears, while females use them to embellish their hair. They sing and dance to remember the Santhal holi. This is their tribe's traditional 'Baha' event. The third and final day is dedicated to celebration. The tribals also celebrate 'Baha' Holi, the festival of colours, as part of their ancient history. The priest sleeps on a straw mat on a cow dungpurified floor throughout the festivities. The Santhals are one of India's major tribal communities, living in Jharkhand, West Bengal, Orissa, Assam, and Bihar (Adivasi.ozg.in).
- Phagua is a popular dance form among Jharkhand's tribes. It is performed during the Holi
 festival in the spring. Jharkhand residents celebrate Holi with a Phagua dance
 performance. Phagua is a high-energy dance. The males do the dance. In some locations,
 few women are seen partaking in Phagua. The dance relies heavily on drumbeats and folk

songs. The dancers spray each other with coloured water and powder as they move to the music. The males freely dance, attempting various routines. Phagua is done by professionals or by skilled dancers. The dance honours the Color Festival. The outfits are just as colourful as the event itself. Dancers dress in A-line kurtas with coloured leggings on the bottom. The fabric is silky and colourful, which is visually appealing. They cinch their waist with a contrasting fabric. A turban is frequently worn to complete the traditional look. Music is as important as movement. The dhol, Nagada, dhak, Mandar, Karah, and Murali are used to make loud beats. A vocalist delivers loud folk tunes to which the dancers move. The entire photograph conveys the joy in these people's hearts as they celebrate Holi.

Scientific Reasons for Holi Celebration

It is important to note that the Holi celebration is important for our lives and bodies in ways other than bringing joy and fun. We should also thank our forefathers for beginning the practise of Holi celebrations at such a precise time. Thank you for putting so much fun in the festival as well. Holi is significant because it occurs during a time of year when people are prone to feeling weary and sluggish. It is normal for the body to experience some lag as the temperature shifts from cold to hot. To compensate for their bodies' tardiness, they sing or speak loudly. Their movement is rapid, and their music is loud. All of this adds to the systemic renewal of the human body.

Colors also have a profound effect on the body when sprayed on it. The liquid dye, or Abeer, permeates the body and enters the pores, according to biologists. It promotes the health and attractiveness of the body by strengthening the ions.

Another scientific reason to celebrate Holi exists, although it is tied to the Holika Dahan rite. Winter and spring mutation periods encourage germ development in both the atmosphere and the body. The temperature rises to around 145 degrees Fahrenheit when Holika is burned. According to tradition, when people perform Parikrima (circumambulation or travelling around) around the fire, the heat from the fire eliminates the microorganisms in the body, thus cleaning it.

Holi, as it is known in the south, promotes good health. To promote good health, for example, the day after the burning of Holika, people would apply ash (Vibhuti) to their foreheads and ingest Chandan (sandal paste) combined with the young leaves and blooms of the Mango tree. Colors are supposed to have a large impact on our body and our health; hence some people feel that playing with colours promotes good health. Colors, according to Western-Physicians and doctors, play an important part in sustaining a healthy body, in addition to other necessary aspects. A deficiency of a specific colour in our bodies causes sickness, which can only be treated by replenishing the body with that colour. On Holi, people also clean their homes, which helps to clear up dust and filth and get rid of mosquitoes and other pests. A tidy house makes people feel better and generates great energy.

Conclusion

In Jharkhand, Holi is a soul-stirring festival, filled with all the ancient ceremonies and customs. The Holi celebration here is an astonishing combination of plenty and antiquity, owing to the holiday's immense fervour and ebullience. Jharkhand's culture and history are well-known. It is a brilliant land with diverse and ethnic tribals as inhabitants. They have a particular flavour as a result of their vast and varied culture and experiences.

Many tribal communities in Jharkhand celebrate Holi in ways that reflect their socio-religious beliefs and highlight the uniqueness of their cultureColors bring a lot of happiness into our lives, and Holi, the festival of colours, is a day worth celebrating. The celebration of the various Holi legends reassures people of the power of truth, as the moral of all these traditions is the ultimate triumph of good over evil. The Hiranyakashyap and Prahlad tale also demonstrates that strong devotion to God pays off, as God always accepts his devoted disciple into his shelter. All of these legends inspire people to live good lives and to believe in the virtue of honesty. Holi inspires people to trust in the principles of truthfulness and honesty, as well as to fight evil.

References

KUMAR, SANJAY. "Holi 2022: झारखंड म होिलका दहन क िदन ों दी गई थी सांप की आ5ित... आज भी िनभाई जा रही है परंपरा... जािनए इसके कारण..." jagran (2022).

<https://www.jagran.com/jharkhand/ranchi-how-the-festival-of-colours-holi-celabrated-in-different-parts-of-jharkhand-and-how-jharkhand-tribal-society-celebrate-holika-dahan-know-details-22551461.html>.

Sinha, akesh Kumar. "Holi 2023: Neither Rang nor Gulal is played in Jharkhand's Lohardaga, Dhela Maar Holi, a tradition going on for centuries." *jagran* (2023).

https://www.jagran.com/jharkhand/ranchi-holi-2023-neither-rang-nor-gulal-is-played-in-jharkhands-lohardaga-dhela-maar-holi-a-tradition-going-on-for-centuries-23336813.html.

Sinha, Ashis. "Jharkhand tribes celebrate Holi in unique way." dailypioneer (2013).

https://www.dailypioneer.com/2013/state-editions/jharkhand-tribes-celebrate-holi-in-unique-way.html.